

Cardio SCULPT

Toning Workouts

When: Thursday

1/11/2018 thru 2/15/2018

Time: 7pm to 8pm

Where: Fairfield Recreation/Instructor Lynne Balz

221 Hollywood Ave

Fee: \$ 30 for 6 sessions **BRING YOUR OWN WEIGHTS**

MINIMUM of 8 PARCIPANTS

CARDIO SCULPT

NAME: _____

EMAIL ADDRESS: _____

PHONE NUMBER: _____

EMERGENCY NUMBER: _____

Office Use Only:

FEE \$ _____ Date Rec'vd _____ Cash _____ Check _____ Credit Card