



FAIRFIELD RECREATION SENIOR CITIZEN LOW-IMPACT AEROBICS

Monday, January 16th 2017 thru Wednesday, April 26th 2017

NO CLASS January 25th and February 20th

Monday: 10:30am to 11:30am

Wednesday: 11:00am to 12:00pm

Where: Fairfield Recreation

221 Hollywood Avenue

Instructor: Ms Lynne Balz

Fee: \$42 for 14 sessions/ \$84 for 28 sessions

Please make checks payable to "Fairfield Recreation"

**FAIRFIELD DEPARTMENT OF RECREATION
SENIOR CITIZEN LOW-IMPACT AEROBICS
January 16th thru April 26th**

NAME _____

ADDRESS _____ **TOWN** _____

PHONE _____ **EMERGENCY PHONE** _____

MONDAY CLASS _____ **WEDNESDAY CLASS** _____

BOTH MONDAY & WEDNESDAY CLASS _____

AGE _____ **ALLERGIES** _____

Any Medical Conditions _____

I declare that the applicant named above has been examined by a physician within three months prior to the date of registration and has been deemed physically able to participate in the Senior Citizen Low-Impact Aerobics Program. I understand that by signing this waiver I agree not to hold the Township of Fairfield, the Fairfield Department of Recreation and staff, or the instructor responsible for accidents or injuries suffered while participating in this program.

Signature of Participant

Date

Return registration to: Fairfield Department of Recreation ~ 221 Hollywood Avenue